

# ABOUT US

The Physicians Association for Nutrition (PAN) is an international NGO founded in 2018 in Munich, Germany. PAN is the leading international organisation implementing science-based nutrition in healthcare. Using global synergies and pragmatic approaches, we are driving the long-awaited food transformation.



## What we do

We are passionate about improving and saving lives and the planet. Our mission is to rethink health and challenge the status quo.

We **educate** medical students, physicians, health professionals and the public on the preventive and therapeutic potential of nutrition. How? By providing evidence-based online courses, and holding webinars, conferences, and events. We provide educational resources on our website and social media platforms.

We **empower** health professionals with effective tools and techniques for the optimal treatment of their patients. How? By offering practical resources, such as training cards, for physicians to treat patients, and by creating whole food plant-based guides and recipe ideas for the public.

We **engage** the international medical community in advocacy activities to create healthier nutrition environments. How? By campaigning for changes to public health policies and food systems. We partner and engage with other like-minded international and medical organisations like the Charité University, Berlin and the Global Climate and Health Alliance.



## Who we are

We are a fast-growing international organization of like-minded medical doctors and healthcare professionals. We have one bold mission - to change the way the world eats in order to improve personal health, prevent diseases and reduce the number of diet-related deaths.

With our student network, national offices and campaigns, we bring education, change, and motivation for integrating whole food, plant-based eating to healthcare systems and communities around the world.

## Get in touch!

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## Follow our work!

